

# DESIGN FREEDOM

There has never been so much design freedom as there is in 2016. We can pick and chose from different eras, design styles as well as the provenance of individual pieces to create a unique home environment. Interior trends now seem to change as fast as fashion trends, usually following what the catwalk has to offer. Certain elements will always be updated: lighting, technology and electrical appliances, these contribute crisp modern accessories that most homes want and need. But for the furniture, window treatments, soft furnishings, Art and decorative items, we can be as imaginative as we like. Nicola Hardy explores Rutland's stores to find they are rich in stock ample choices.

## HOT TRENDS FOR THIS YEAR:

The Glamily room - a child and pet friendly room, full of revamped and up-cycled elements.

Simple pleasures - Scandinavian style rooms, cool, calm and subtle.

Gorgeous Metals - introducing warm hued metals and finishes, understated elegance.

Let the outdoors in - get inspired by a beautiful landscape painting.



Selection of mirrors and lamps from J&D

## 1. THE GLAMILY ROOM

This is where the whole family plus sticky-fingered children and pets gather to relax, eat and watch TV. The Glamily room is a hardworking yet fabulous space, where you don't have to compromise style for practicality. Mix and match pattern, textures and materials to create a visually exciting, eclectic and homely room. Colours should be warm and inviting, fabrics - natural fibres and handwoven where possible. Botanical prints fit beautifully here as do gorgeous

vintage over-dyed rugs. Sustainability is a key word here - reupholster tired armchairs, find unusual ways to re-purpose items that might otherwise be thought of as rubbish. Keals is the perfect place to find one off, bespoke pieces for homes and gardens, as well as re-purposing vintage furniture and accessories. Junk & Disorderly boasts antiques and furniture from all eras and specialises in customising and updating pieces to a high standard. Artisan goods are highly desirable for 2016 - stylish objects hand made by local crafts people.



Oakham rugs



Vintage tool cabinet from Keals

## GLAMILY COLOUR BOARD

- 1, 3 & 5 Speckle fabric, Harlequin
- 4 & 8 Sgraffito Vitto fabric, Harlequin
- 2 & 6 Florian fabric, Harlequin
- 7 Flux fabric, Harlequin
- 9 Embroidered cushions, John Lewis
- 10 Lamp is an example of reclaimed timber used as a base.

Add warm copper highlights in the form of bowls, vases and decorative items.



Berry rug, scroll seat & cushions from The Rug Studio



## 2. SIMPLE PLEASURES

Simplicity - natural materials, soft colours, uncluttered spaces, hand-crafted objects and beautiful statement lighting. Calm Scandinavian inspired design - soothing hues, minimalist chairs and sofas and statement pieces. This is not an over-designed space - furniture is symmetrical and shapes are pared down. Carpets never really took off in Sweden so wooden floors be they real, tiles or vinyl will most suit this trend, but subtle pale carpets - if you prefer softness underfoot - works well too. Barefoot flooring can help you decide if this is the look for you - they stock a huge selection of carpets, wood and laminate and stylish designer flooring - LVT. For statement lighting go to Lumison and Harborough Lights - you'll find the most fabulous designs - from soft feathery pendant lights, crisp contemporary shades, beautiful blown-glass pendants, organic-shaped shades and matt-painted standard lamps.



bowls from Keals

### SIMPLE PLEASURES MOOD BOARD

- 1 EOS - contemporary shade made of goose feathers, Lumison
- 2 Glass pendant light by Firstlight, Harborough Lights
- 3 & 4 Floor lamp - Bloom, Lumison. Odisha wallpaper - Harlequin - ES
- 5 Examples of neutral carpet
- 6 Grey felt basket, John Lewis
- 7 Antwerp - oversized floor lamps in a selection of Farrow & Ball inspired colours, Lumison
- 8 Silvia - pendant light from Lumison
- 9 'Distressed wood' flooring
- 10 Weaver green Juno rug 'Door Mouse', John Lewis



## 3. GORGEOUS METALS

Chrome is slowly and steadily being replaced by rose gold, gold, copper and brass as metal colour of choice. There are glowing metallic wallpapers which add warmth, sheen and undeniable glamour to a room and metal worked into flooring whether it be carpet or tiles. Ceramic tiles treated with metallic lustre can adorn the walls of bathrooms and kitchens giving a luxurious 'wow' factor. A more subtle way of introducing this trend is in the form of lighting - there's a wide range of opulent light fixtures available from Lumison and Harborough Lights. These lights create the most glorious, uncontrived elegance and give an exciting edge to pretty much any scheme.



Tea urn from Keals

Fabrics for both upholstery and curtains can be found locally and will add lustrous drama to any room. A soft pastel paint palette is a key trend to pair with metals - dusty pink, chalky neutral tones and grey work together to provide an ambiance that is sophisticated yet comfortable. If these colours are too subtle for your taste, add deeper tones of the same colours into furniture and accessories. Keep an eye open for coppery metal kitchen appliances and add metallic - lustre glazed pottery or Raku bowls and vases into a neutral scheme as attractive highlights.



### GORGEOUS METALS MOOD BOARD

- 1 Assam - copper pendant light - Firstlight, Harborough Lights
- 2 Imperia Bhutan Bronze tiles - Porcelanosa, Rutland Tiles
- 3 Copper Bronze Mosaic tile - Waxman, Rutland Tiles
- 4 Bronze mosaic tile - Waxman, Rutland Tiles
- 5 Rawley Flush ceiling light in brushed satin copper - DAR, Harborough lights
- 6 Belem velvet, Nina Campbell
- 7 Metallux Astro ceiling light, Harborough lights
- 8 Rowan Stripe pendant light, Lumison
- 9 Lattice design embellished with metallics -Trellis, Harlequin
- 10 Gold domed pendant light - Chiarodi - Metallux, Harborough lights
- 11 Waves of appliquéd ribbon on gauzy sheer - Lolo, Harlequin
- 12 Elegant glass pendant - Tilly, Lumison
- 13 Copper Conia pendant light, Lumison

## 4. LET THE OUTDOORS IN

Inspired by Philip Dawson's beautiful paintings of the great outdoors - I've created a colour palette around 'Paradise in blue - Barnsdale Wood'. 2016 looks to nature for soothing and uplifting colours - from mossy greens, limey yellows, sky-blues to turquoise-greens. Add neutral tones such as whites, tans and beiges to make your interiors feel natural and clean. The stimulating colours of outdoor elements that make us feel refreshed, calm and one with the earth. Nothing enlivens a room more than a touch of nature! Flora and fauna will adorn wallpapers and fabrics - there are water and sun resist fabrics too now to upholster outdoor furniture. Use natural flooring instead of manmade. Wood, cork and bamboo feel warm and inviting underfoot.

Replace heavy winter curtains with lighter fabrics or sheers - there are so many beautiful options available now. Natural fabrics such as linen, jute and wool are perfect for supplying rustic texture as they have a lovely tactile quality, their



irregularities add depth and originality. Slubbed wall coverings are the perfect way to bring the outdoors in, their subtle textures imitate the beauty of grasses and natural fibres (see no. 2 on moodboard).

Choose accessories inspired by nature - chunks of agate as bookends, recycled glass vases, natural hued pottery and hand-honed wooden bowls.

### PARADISE IN BLUE MOOD BOARD

- 1 Upholstery fabric - Margarita, Osbourne & Little
  - 2 Wallpaper - Dhari (moss), Designers Guild
  - 3 Ionia outdoor indoor fabric - Kerkyra, Osbourne & Little
  - 4 Greenwich Village Fabric - Leaf, Designers Guild
  - 5 Dupion silk curtain fabric - Salon Silk, Osbourne & Little
  - 6 Wallcovering - Tesserae, Osbourne & Little
  - 7 Ionia outdoor indoor fabric - Zante, Osbourne & Little
  - 8 Designers Guild Eberson Rug, Cobalt
  - 9 Fine cotton curtain fabric - Kimono Blossom - Delft, Designers Guild
- Ionia outdoor indoor fabrics, exclusive to Osbourne & Little are suitable for outdoor use too as they are resistant to sunlight, water and mildew; they have a stain repellent finish.

## LOCAL SUPPLIERS

### THE GLAMILY ROOM

Vintage over-dyed rugs, **Oakham Rugs**

Oakham Oriental Rugs 6 & 7 The Maltings, Oakham [www.oakhamorientalrugs.co.uk](http://www.oakhamorientalrugs.co.uk)

Rugs, cushions and furniture, **The Rug Studio**, 2 High St. East, Uppingham, 01572 829927 [www.therugstudio.co.uk](http://www.therugstudio.co.uk)

For vintage finds, up-cycled and repurposed pieces **Keals**, 10A Abbey St. Market Harborough, 01858 419798 [www.keals.net](http://www.keals.net)

**J & D Vintage & Antique Furniture** 7 North Street East, Uppingham [www.junkdisorderly.com](http://www.junkdisorderly.com) 01572 868400

Fabrics, Wallpapers, cushions & throws **Elizabeth Stanhope Interiors** 27 Mill St. Oakham, 01572 722345 [www.elizabethstanhope.co.uk](http://www.elizabethstanhope.co.uk)

For special handmade cushions **Fabniki** [www.fabniki.com](http://www.fabniki.com)

### SIMPLE PLEASURES:

For throws, storage and beautifully crafted homeware **Goodwin and Belle** 11 High Street East, Uppingham, 01572 822142 [www.goodwinandbelle.co.uk](http://www.goodwinandbelle.co.uk)

**Lumison Lighting Design** 1 South Street, Oakham, 01572 724600 [www.lumisonlighting.co.uk](http://www.lumisonlighting.co.uk)

**Harborough Lights** 13 Manor Walk, Market Harborough, 01858 467716 [www.harboroughlights.co.uk](http://www.harboroughlights.co.uk)

Flooring **Barefoot Flooring** Unit 14 Midland Court, Station Approach, Oakham LE15 6RA, 01572 759752 [www.barefoot-flooring.biz](http://www.barefoot-flooring.biz)

### GORGEOUS METALS:

**Lumison Lighting Design 1**

**Harborough Lights**

**Rutland Tile & Stone Ltd**

**Super ceramic Services Ltd**, 40 North Street, Uppingham

**Goldmark Ceramics** 14 Orange Street, Uppingham, 01572 821424 [www.goldmarkart.com](http://www.goldmarkart.com)

Fabrics, throws, cushions and accessories **Sarah Hardings Interiors** 6 Market Place, Uppingham, 01572 823389 [www.sarahhardings.co.uk](http://www.sarahhardings.co.uk)